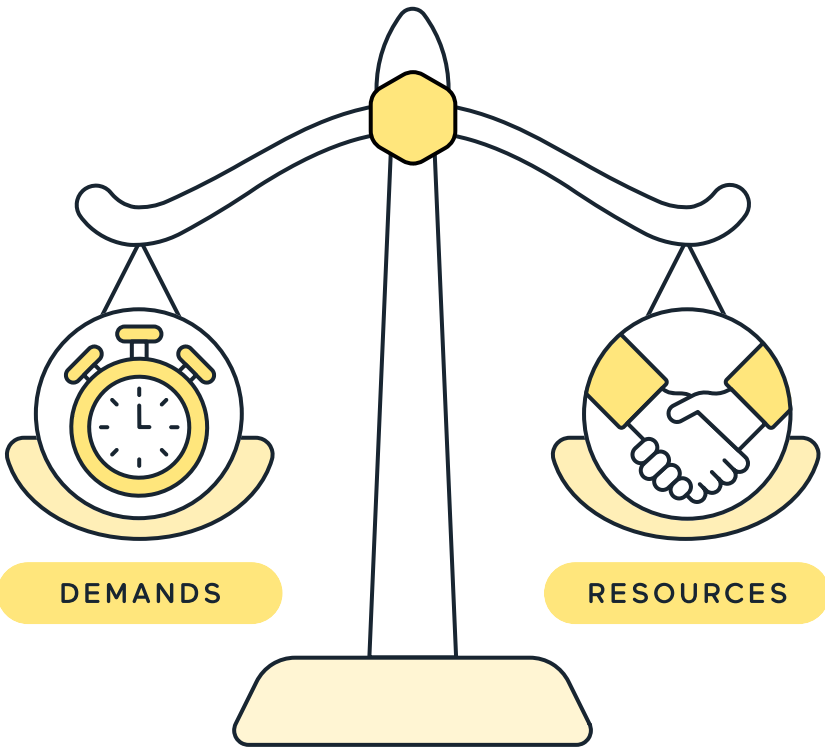


Worksheet | The Health & Wellbeing Balancing Act



Demands... _____

Resources... _____



ORGANISATION

TEAM



INDIVIDUAL
